

COURSE NUMBER:	1007
COURSE TITLE:	Psychology
COURSE LENGTH:	Semester, One Credit
PREREQUISITE:	None
GRADE LEVEL:	11 or 12

COURSE DESCRIPTION:

This course is suggested for college-bound students who are interested in the study of human behavior. Areas of concentration include: experimental techniques; learning; memory; personality theories, and development; psychotherapy; and testing. This course will help students better understand their behavior and the behavior of others. This course will help fill a social studies elective. The course will be helpful if you wish to become a Psychiatrist, psychologists, counselor, social worker, clergy, teacher and others who dispense a great deal of advice.

COURSE RATIONALE:

By taking Psychology you will develop an appreciation for psychology as a field of scientific knowledge, including a fundamental technical vocabulary and familiarity with basic research methods to stimulate curiosity concerning problems. We will also increase your awareness of how your personal traits and feelings influence yourself and others.

METHOD OF INSTRUCTION:

Lecture, lab work in and out of class, individual investigations, films, class participation, film, and article analysis.

ASSESSMENT:

Tests, quizzes, special projects, worksheets, research paper, opinion papers, class participation, film, and article analysis.

CRITICAL OBJECTIVES:

1. to develop a basic understanding of psychology, including the technical vocabulary
2. to be able to identify and discuss learning and cognitive processes
3. to have students develop an appreciation for psychology as a field of scientific knowledge, including a fundamental technical vocabulary and familiarity with basic research methods; to stimulate curiosity concerning problems
4. to have students recognize the forces that shape and affect personal growth and development
5. to be able to recognize the forces that shape and affect personal growth and development
6. to develop a critical attitude toward generalizations about human behavior
7. to encourage students to use sound, appropriate methods in solving their problems so they might achieve more positive mental health
8. to be able to analyze and define the different schools of thought in psychology
9. to demonstrate an awareness of how psychotherapy is used and the success that various therapies have in curing mental illness
10. to discover the influences of heredity and environment upon behavior and personality
11. to develop more self-reliance, self-esteem, and adaptability
12. to be aware of alternative courses of action in adjusting to frustration
13. to demonstrate methods of reducing stress
14. to identify the psychosomatic disorders
15. to define mental health
16. to recognize the basic physiological and psychological needs and understand their effect upon behavior
17. to understand the many factors in personality development and their relatedness
18. to increase students' awareness of how their personal traits and feelings influence themselves and others

